

ADDITIONAL RESOURCES SUPPORTING THE HEALTHY BRAIN COMMUNITY

This summary highlights the sources that inform the Healthy Brain Community Toolkit, ensuring community strategies are grounded in research and best practices.

Administration for Community Living (ACL) - [ACL](#)

Alzheimer's Foundation of America Care Connection Series- [Care Connection Series](#)

BOLD Public Health Center of Excellence - [BOLD Public Center of Excellence](#)

Caregiver Action Network – [Caregiver Toolkit](#)

CDC Healthy Aging - [CDC Healthy Aging Resources](#)

CDC Healthy Brain Initiative (HBI) Road Map - [Healthy Brain Initiative Roadmap](#)

Dakota at Home - [South Dakota Caregiver Education & Resources](#)

Dakota at Home - [Guide to Navigating Dementia](#)

Dementia Friendly America - [Dementia Friendly America](#)

Family Caregiver Alliance - [Caregiver Resources & Education](#)

Helpline Center - [Home - Helpline Center](#)

National Association of Chronic Disease Directors - [Healthy Aging Resources](#)

National Association of Chronic Disease Directors - [Brain Health Hub for Caregivers](#)

National Association of Chronic Disease Directors - [Brain Health Hub for Professionals](#)

National Institute on Aging - [National Institute on Aging Caregiver Resources](#)

National Institute on Aging - [National Institute on Aging Cognitive Health](#)

South Dakota Alzheimer's Association - [24/7 Helpline](#)

South Dakota Alzheimer's Association - [Caregiver Support](#)

South Dakota Alzheimer's Association - [Education & Resources](#)

South Dakota Alzheimer's Association - [Brain Health Habit Builder](#)

South Dakota Department of - [Head Forward SD](#)

South Dakota Department of Health - [ADRD State Plan](#)

University of Kentucky Sanders-Brown Center on Aging - [Brain Health Activities](#)

University of South Carolina Office for the Study of Aging - [Dementia Dialogues](#)

USING RELIABLE RESOURCES

Healthy Brain Community activities should be based on credible, evidence-informed information whenever possible. Communities are encouraged to use resources from recognized public health agencies, healthcare organizations, academic institutions, and national organizations focused on brain health, dementia, caregiving, and healthy aging. When evaluating online information, consider the source, author, publication date, and supporting evidence before sharing materials with community members.

National Institute on Aging - [How to Find Reliable Health Information Online](#) | [National Institute on Aging](#)

Note: Communities using the toolkit can reference these sources to strengthen program credibility, support grant applications, and guide the implementation of evidence-based brain health strategies.